



Press Release

New Delhi: 9th February 2022

SAI's National Selection Trials for Wrestling to begin on 14th February, Judo on 15th February

New Delhi, February 9: National Selection Trials for Wrestling and Judo are set to begin in Sports Authority of India's (SAI) National Centre of Excellence (NCoEs) across the country from 14th February 2022 onwards. While trials Wrestling will take place in SAI's Sonapat, Lucknow, and Mumbai Centres, Judo will take place in NCoE Imphal and Bhopal.

NCoEs where the selection trials for Wrestling will take place are –

- 1) NCOE, Sonapat – Wrestling - Free Style & Greco Roman (Men) -14th to 16th Feb
- 2) NCOE, Lucknow – Women Wrestling -16th and 17th Feb
- 3) NCOE, Mumbai - Wrestling - Free Style & Greco Roman (Men) and Women Wrestling – 16th to 18th Feb

NCoEs where the selection trials for Judo will take place are –

- 1) NCOE, Imphal – Judo (Boys and Girls)- 15th – 17th Feb
- 2) NCOE, Bhopal – Judo (Boys and Girls)- 18th – 22nd Feb

The selection trails are open to both boys and girls between the age group of 13 to 17 years (18 years in exceptional cases) for Wrestling.

Age criteria for Judo are as follows - Sub-Junior - Boys & Girls above 12 years and below 15 years. (Must be born between 2008, 2009, 2010), Cadet - Boys & Girls above 15 years and below 18 years. (Must be born between 2005, 2006, 2007) and Juniors - Boys & Girls above 18 years and below 21 years. (Must be born between 2002, 2003, 2004)

Further details on other selection criteria have been given on the SAI's website.

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